

Family Vision Care Optometry

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Your Rights: FTC Eyeglass & Contact Lens Rule

Under federal law, you are entitled to receive your vision prescriptions automatically after your eye exam. These laws are designed to protect you by ensuring you can get your glasses or contact lenses from any provider you choose.

YOUR RIGHTS FOR GLASSES (FTC EYEGLASS RULE)

- Your doctor **MUST** give you a copy of your eyeglass prescription at the end of your exam even if you don't ask for it.
- You cannot be charged a fee for receiving your prescription.
- You cannot be required to buy glasses to receive your prescription.
- Your prescription must include all required details for you to purchase glasses anywhere you choose.

YOUR RIGHTS FOR CONTACT LENSES (FTC CONTACT LENS RULE)

- You **MUST** receive a copy of your contact lens prescription once your fitting is complete.
- Your provider cannot delay giving you the prescription once your fitting is finalized.
- You have the right to a ****digital copy**** and may access it through your patient portal.
- You are free to purchase lenses from any seller.
- Sellers must verify your prescription with your doctor, but your doctor cannot require that you buy lenses from them.

PRESCRIPTION RELEASE EXCEPTIONS

- Your contact lens prescription is released only after a fitting is completed — this may require follow-up visits.
- If your prescription expires or you need additional testing, it may not be released until medically appropriate.

WHAT YOU SHOULD EXPECT TODAY

Before you leave today, you will:

- Receive your eyeglass prescription automatically.
- Receive or be provided access to your contact lens prescription (once fitting is finalized).
- Be shown how to access your prescriptions in your secure patient portal.
- Have the opportunity to ask any questions about your rights.

SIGNING THE INTAKE FORM

When you check the box on the intake form, you are confirming that:

- You have been notified of these rights, and
- You understand how to access your prescriptions.

This document is for your reference and may be kept for your records.